

TAHFIZ LEARNING TECHNIQUES AMONG STUDENTS

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ABSTRACT

This study examines the methods used in learning Tahfiz among students. It aims to explore the diversity of approaches used to facilitate memorization and understanding of the Qur'an. Through the analysis of traditional or contemporary methodologies, this study wants to see the effectiveness of Tahfiz pads education today. By examining the techniques used for tahfiz learning, this study strives to contribute for improving the practice and learning outcomes of tahfiz. Finally, this finding will provide valuable insight for educators and students involved in improving memorization guided by the correct technique in order to dignify al-Quran education.

Keywords: *Tahfiz, Quran memorization, learning methods, education, Islamic studies.*

Introduction

The memorization of the Quran, known as Tahfiz, is the cornerstone of Islamic education. This study examines the methods used to facilitate the learning of Tahfiz among students. It aims to explore the various approaches used to foster both memorization and understanding of the Qur'anic text. By examining teaching methods, this research aims to identify effective practices and contribute to the improvement of Tahfiz education. Al-Quran has great importance for Muslims all over the world. Tahfiz is learning by memorizing the Qur'an is a noble endeavor done by many people. This study focuses on understanding the approach used to cultivate Tahfiz among students and to identify the techniques used for the learning of tahfiz students nowadays that affect the effectiveness of tahfiz learning.

The development of Tahfiz education in Malaysia varies throughout the state, with the rise of private Tahfiz schools staying with the government. Each state or school can choose any curriculum and teaching method from a different country, and it is often based on the teacher's personal background. This means that teachers often teach from their own experience without following certain organized methods (Azmil, 2010).

The development of tahfiz education in Malaysia has shown rapid growth in line with the progress of the country's education sector. The establishment of tahfiz schools whether government or

private reflects a positive trend in this field. The main factor driving this growth is the high demand from the community who prioritize tahfiz education for their children. This is proven by the very high number of applications to tahfiz schools and institutions, whether run by the private sector or under government management (Ahmad, 2015; Mustafa & Md Sawari, 2018).

One of the weaknesses of Tahfiz teaching is that teachers still use traditional methods, even though they agree that technology can help improve the memorization of the Quran (M. Marzuqi, 2008). In addition, students struggle with memorization because they do not have the right strategies, techniques, and motivation (Misnan & A. Sadadi, 2003). An organized Tahfiz teaching system has not yet been fully implemented because the training provided by educational institutions does not contribute much to the skills required to teach Tahfiz (Aznil et al., 2013). This study looks at how students learn to memorize the Quran in addition to knowing the best way to teach and learn the Quran so that more people can memorize it.

Memorization Techniques Among Students (Specifically for the Quran)

Tahfiz is an Arabic term that specifically refers to the memorization of the Quran. It's a significant practice in Islamic education. Here are some common techniques used for Quran memorization:

Repetition (Muraja'ah) for memorizing the Quran

Repetition is the basis of memorizing the Qur'an. Muraja'ah, the Arabic term for repetition, emphasizes the importance of consistent repetition. To memorize the Qur'an effectively, it is important to re-read previously learned verses regularly, either daily or weekly. This consistent repetition helps cement the verses in one's memory. To improve the memorization process, diversifying reading methods can be beneficial. For example, reading a sentence aloud, softly or while doing physical activity such as walking can stimulate different neural pathways and increase the level of memory. From each of those memorizations. This multifaceted approach to repetition ensures a deeper understanding and stronger memory of the memorized text of the Qur'an. Zakaria and Samah (2022), stated that the strength of a person's memorization can be seen from the person's ability to repeat the memorization first and rewrite the verse of the Qur'an without looking at the mushaf.

Understanding the Meaning (Tadabbur)

To truly internalize the Quran, comprehending its meaning is essential. Tadabbur involves delving deeper into the Quran's message. Translating verses into one's native language can provide a foundational understanding. For complex verses, seeking concise commentaries can offer valuable insights. However, the true essence of tadabbur lies in connecting the Quran's wisdom to everyday life. By reflecting on how Quranic verses relate to personal experiences, challenges, and aspirations, individuals can develop a profound and personal connection to the divine message, making it a living and guiding force in their lives.

Writing (Imla' or Khat)

Engaging multiple senses can significantly enhance memory, and writing is a powerful tool in this regard. Imla' or khat, the practice of handwriting, is a valuable technique in Quran memorization. By physically writing out the memorized verses, learners reinforce the neural pathways associated with memory. This kinesthetic process helps to solidify the verses in the mind. Additionally, writing translations alongside the verses can deepen understanding and create a stronger connection between the Arabic text and its meaning. This combined approach not only strengthens memory but also cultivates a deeper appreciation for the language and content of the Quran.

Mastering Tajweed

Tajweed is the science of proper Quranic recitation, encompassing rules for pronunciation, articulation, and intonation. To master Tajweed, one must first diligently study its rules. This involves understanding the Arabic alphabet, phonetics, and the specific regulations governing Quranic recitation. However, mere knowledge is insufficient without consistent practice. Regular Tajweed practice is essential to internalize the rules and develop the skill to apply them accurately while reciting the Quran. Through dedicated study and practice, individuals can achieve a level of proficiency that allows them to recite the Quran with beauty, precision, and reverence.

Time Management to Memorize the Quran

Effective time management is essential to achieve consistent progress in memorizing the Qur'an. A well-organized study schedule provides a road map, allocating specific time slots for Quranic study. This routine helps establish a consistent rhythm and avoid procrastination. To optimize learning,

breaking study sessions into shorter, focused periods is beneficial. This technique allows attention to be focused, improves comprehension and speed. By alternating periods of concentrated study with short breaks, students can maintain optimal mental health and prevent burnout. This strategic approach to time management contributes significantly to efficient and effective memorization of the Qur'an.

A Conducive Learning Environment

Creating an optimal study environment is essential for effective Quran memorization. A quiet space free from distractions allows for focused attention, enabling deeper concentration on the Quranic text. Noise interruptions can disrupt the flow of thought and hinder memorization. Additionally, a comfortable atmosphere is crucial for maintaining motivation and reducing fatigue. A well-lit, organized, and aesthetically pleasing study area can enhance the overall learning experience. By prioritizing a peaceful and comfortable setting, individuals can create an environment that is conducive to optimal Quran memorization and spiritual growth.

Guidance from a Teacher

Having a qualified and experienced Quran teacher is invaluable in the memorization journey. A competent teacher possesses the knowledge and skills to guide students effectively, correcting mistakes, explaining complex concepts, and offering personalized support. Building a strong teacher-student relationship fosters a conducive learning environment. Moreover, asking questions is crucial for clarifying doubts and misconceptions. A good teacher encourages a questioning attitude, creating an atmosphere where students feel comfortable seeking clarification. By actively engaging with the teacher and asking questions, learners can deepen their understanding of the Quran and accelerate their memorization progress.

Self-Motivation

Self-motivation is a crucial component of successful Quran memorization. Setting clear and achievable goals provides a sense of direction and purpose. Breaking down the memorization process into smaller, manageable targets can help maintain momentum and prevent overwhelm. Rewarding oneself upon reaching milestones is a powerful motivator, reinforcing positive behavior and celebrating achievements. Additionally, seeking support from loved ones, such as parents, can significantly boost morale. Encouragement and understanding from those who care can create a supportive environment

that fosters resilience and perseverance, ultimately contributing to overall success in Quran memorization.

Prayer and trust in God

A deep spiritual connection is essential for successful memorization of the Qur'an. Prayer is the foundation of this relationship, allowing individuals to seek guidance, comfort, and strength from God. With prayer, students only rely on divine help and trust in God. This involves surrendering one's efforts and results to God's will, recognizing His ultimate power and wisdom. With a heart full of faith and dependence, students can approach the memorization process with calmness and confidence, knowing that divine support is always present.

Conclusion

Memorizing the Quran requires patience, persistence, and effective strategies. Techniques such as repetition, understanding the meaning, writing, mastering Tajweed, time management, and creating a conducive learning environment are essential. Additionally, guidance from a teacher, self-motivation, and reliance on God are crucial supporting factors. A combination of personal effort and divine assistance is key to successful Quran memorization. With strong commitment and a balanced approach, individuals can achieve their Quran memorization goals with blessings.

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